

Kaolin is known for her specialized knowledge and analysis of racism. Do contact her for booklets on the themes below and to schedule lectures on the following topics:

- Racism, what's Racism?
- Our Expectations Are Informed by Stereotypes
- Reluctant Warriors Battling Racism
- Transforming the Meaning of Whiteness is a Revolutionary Act of Defiance Against Compliance
- Working the Racial Equality Muscle
- The Spirit of Change Among the Shadow Elements of Integration
- Intuitive Transitions
- Seeing Racism for the First Time While Struggling with its Implications
- Tapping in on The First Wave of Self-Realization
- The Dilution of Hope: A Necessary Pitfall
- I Don't Trust You: The Unspoken Deep Pain of Racism
- Falling: Acquiescence to a Perversion of Power for Its Own Sake
- The Abusive System of Relationships and The Cult of White Supremacist Norms
- Foundational Relationships
- Knowledge Matters
- At Last a Psycho-Spiritual Thrust of Healing from Racist Norms and Assumptions About Yourself
- The Scorpionic Flush and End of Racial Hatred
- *What's Wrong with Liberals?* How and Why Liberalism Remains Shrouded in Racist Stereotypes
- It's *Not* All About Faith
- Somber Attachments for Loyalties Sake
- Closing the Door to Backdrop People
- Dealing with Feelings
- *Is It Something I Said?*

In Kaolin's 2<sup>nd</sup> book *The New Protocol: Welcome to Paradise, Watch Your Step* Kaolin interviews Black men who live in predominately white towns, otherwise known as *Sundown Towns*. They discuss the

concessions they have made along the way, some voluntary others involuntary with risks taken plus the coping mechanisms they have developed since childhood.

Here is a peek at some of the themes discussed throughout the book which will be launched in 2019.

Questions:

- 1. What is it like to live with hurts and fears due to racial hatred and systemic injustice every day?*
- 2. How do you cope with integration when white power is so perverse and has such a hold on you?*
- 3. When you bond interracially-speaking are you in a bubble or making a statement?*

Many a poignant moment is in these interviews. Here is a sample:

*Question: In retrospect what would you like people to do, white people of course to make you more comfortable?*

*Response: Just call me by my name.*

And here are just a few more of their answers regarding coping skills to assuage the tension, self-consciousness and fears:

- I rely upon white women for comfort.
- I separate myself from it by thinking I am better than other Blacks.
- I suffer from severe depression.

- I have biracial children. Their light complexions will serve their chances for survival better than my color.
- I manipulate work situations to relieve me of the stress and have absolutely no relationship to any of them.
- I obsess about a fear of rejection.
- I satiate the pain of these issues with drugs or alcohol.
- I protect myself from too much reflection.
- I spend as much time as possible with my Black family in another town.
- I make sure nothing is wrong with my car even if I cannot eat for three weeks to get a headlight repaired.
- I rely upon my ancestry to uplift me because in the day to day I have no defense and am shattered by the news and my Black friends experiences combined with my own here.
- I stay because I cannot afford to leave.
- I am *professionally personable* at all times.
- I stay because white environments have more opportunity and the drugging in Black communities is even worse than it is here. I have lived in both.
- Sometimes it is easier to be around people who are clueless and do not care. It is a little sci-fi of course, but easier.
- I never answer my phone.
- I don't go out much, it is not worth it.
- I change jobs frequently.
- I haven't worked in years.
- I got on meds for PTSD.
- I have to see another therapist. There are no Black therapists here. So another white person will have their say about what is wrong with me.
- Everyone who was in a position of power/authority over my life has been white.
- There is pride, of course. Black pride. Of course. Maybe our contribution to the community is our presence. We [Blacks] always represent the 'other' and we know it. Most especially in academic circles.

- Nothing has really changed except exposure to integration really. How we assimilate and the strength it takes is exhausting.
- I read Ralph Ellison's *The Invisible Man* in high school but never dreamed I'd become one.
- My only answer to racism as a biracial adult among White's specifically is: "*Shield-Up! No I am Not Egyptian I am Black and White!*"

*And there is more, lots more. Keep checking in on this site for details and glimpses into Kaolin's work.*

Kaolin is available for interviews and lectures. You can purchase her booklets on the themes above. Media Contact: 413.341.3503.

*All rights to this site are reserved. No part of this site may be reproduced or utilized in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system, without permission in writing from the publisher.*

Kaolin copyright, 2019